

c/o United Way of Greater Nashua
20 Broad Street, Nashua, NH 03064



(603) 882-4011
Nashua Prevention Coalition

www.NashuaCares.org



Project Director, Janet Valuk
Jvaluk@unitedwaynashua.org

Coordinator, Kameo Chasse
Kchasse@unitedwaynashua.org

Consultant, Betsy Houde
[bhoud@theyouthcouncil.org](mailto:bhoude@theyouthcouncil.org)

Meeting Minutes April 4, 2018

Welcome

Leah Elliott with Alivia Shattuck, Alexia St. Laurent, Hannah Swabowicz (SADD students), Audra Burns, Mike Apfelberg, Betsy Houde, Bonnie Duquette (Nurse Practitioner student), Albee Budnitz, Rosemarie Dykeman, Janet Valuk, Shayana Owen, Gail Parker, Christie Tourlitis, Dee Gingras, Jen Miller, Shannon Sholds, Kurt Norris, Nancy Keyslay, Rebecca Lerner, Stephanie Wolf-Rosenblum, Lisa Vasquez and Kameo Chasse

Minutes of January 3, 2018 were approved unanimously with those abstaining that weren't present.

Next official meeting: Wednesday, May 2, 2018 will be facilitated by Albee. Thanks Albee!

Announcements

Parking Update Please do NOT park in the lot adjacent to the United Way building. We take spaces that the other tenants need for clients and such. There's space opposite Goodales and in front of the building on Broad Street.

Over the Edge Fundraiser is coming up on Friday, June 29th. We've been invited to participate with United Way. Nancy Keyslay has offered stylist Heather to rappel this year, with the goal of raising \$2400. Please donate directly through the United Way's web platform or give cash or checks to Mike specific for the OTE event. Last year we netted over \$1700.

Nashua Silver Knights has offered a suite night in appreciation for our sponsorship efforts. Tuesday, July 10th is the selected coalition appreciation day to attend the Silver Knights 6:45pm game instead of having a July meeting. Save the date! There will be room for 40+ people.

Friday, July 27th is Princess Night again, and that's the Coalition's night to host the 50/50 raffle. Volunteers are needed. See Kami for details.

DFC Grant application has been submitted for the next 5 years! Thanks to Betsy and Mike for efforts writing the narrative and getting all of the required paperwork together, and to Elyssa, Donna and Stephanie for editing. We won't find out the results until September, as the new funding year starts October 1, 2018.

DEA 360 is the community-based program to help reduce youth substance use, primarily in the Manchester region. Gail Parker described a bit about the program and their goal to bring it to Nashua. She's been working with the Nashua Boys and Girls Club introducing 5th graders to dance/arts. On May 17th, they are hosting a prevention night at Fisher Cats stadium.

Youth Collaborative

SADD Update— NORTH

Given the number of snow days, North students have asked to meet Wednesdays AND Fridays to ensure they remain active. They're currently working on having safe prom days to ensure substance free events and safety plans are in place.

SADD Update — SOUTH

The state's accreditation team just came to visit South to help the school continue with its accreditation. Five of our SADD students set up a table to meet with the state team, who were impressed with what the students have been working on. They recently finished videos for the Youth Video Project and are now working on prom safety to increase the fun in a safe manner.

The question came up about the high number of female students involved with SADD, but the ratio of boys was much smaller. Going forward advisors will put more effort into engaging coaches and other leaders that have ongoing contact with males to encourage participation. It was also suggested to recruit from students needing service hours for honor societies and others, while ensuring that participants are invested in the goals and activities.

Youth Video Project

Twenty-four applications were submitted with their intent to participate, and 18 videos were submitted by the deadline. Given that some of the submissions were not appropriate (dark themes that didn't follow our guidelines), the Chunky's red carpet event on May 16th will be scaled back a bit. As of today:

- Doors will open at 5pm for entry, red carpet photos and networking.
- Dinner served at 6:00
- Presentation to begin at 6:15pm.

It will be a great community event! Please note that funds from Finlay Foundation will cover food cost for youth participants and parent/guest but coalition members will need to pay approximately \$15.00 each for their meal if they choose to eat. Kami is working with Chunky's to narrow the menu to a handful of choices.

Shannon described the video that she is developing to capture ways that adults can express positivity throughout the community. Additional volunteers are invited to participate. Mike Apfelberg and Betsy Houde offered to participate.

Vaping Forum

Jan shared an update about the successful vaping forums that they did at the high schools, which were well received. Albee mentioned a new product called a Sourin, which our SADD members described as a rectangle and tear-dropped cartridge to hold vape juice. Albee will share more after a workshop next week.

Sustainability

Kami presented the notion of sustainability if we do NOT get the next DFC community grant.

- We agreed that the data from the Middle School YRBS is critical to helping us know where to focus our efforts and where kids are struggling.
- Stephanie pointed out that the collective work of local organizations like Safe Stations, Harbor Homes, Southern New Hampshire Health, and the Coalition has provided some level of stability with regard to overdoses, while the rest of the country has increased by over 30%.

The group agreed to take a closer look at:

- What are we doing?
- What does it cost?
- What is the impact?
- Who should be interested or willing to take it on?

The group identified the need to make sure additional partners are engaged early on so we're not scrambling at the last minute. Having a single funding source is a luxury, and we need to think about breaking out our different activities as a one-lump sum for different partners to support.

Jan reminded the group that Nashua Prevention Coalition is now the "go to" organization for substance misuse prevention education in the community. Our visibility has increased significantly, and we've been recognized by the Mayor and both hospitals.

Next steps — take our 2019 action plan and carve out highest priority activities and attach price tags, etc. Kami will put together a format for us to discuss at next month's meeting.

Meeting ended at 4:28pm

Next meeting Wednesday, May 2, 2018!