

c/o United Way of Greater Nashua
20 Broad Street, Nashua, NH 03064



(603) 882-4011
Nashua Prevention Coalition

www.NashuaCares.org



Project Director, Janet Valuk,
NPCDirector@unitedwaynashua.org

Coordinator, Monica Gallant,
NPCCoordinator@unitedwaynashua.org

Consultant, Betsy Houde
[bhoud@theyouthcouncil.org](mailto:bhoude@theyouthcouncil.org)

Meeting Minutes June 7, 2017

Welcome

Janet Valuk, Albee Budnitz, Shayana Owen, Monica Gallant, Christie Torlitis, Med Student Tara and Christine Hart-Brown, Allen Irwin, Stephanie Wolf-Rosenblum, Kurt Norris, Nancy Keyslay and Betsy Houde.

Minutes of May 3, 2017 were approved unanimously with those abstaining that weren't present.

Next meeting: Wednesday, August 2, 2017 will be facilitated by TBD.

Announcements

- Jan indicated that we've gotten requests to put links on our web site for a national recovery clearinghouse. The group agreed that it's not our mission. Jan will refer them elsewhere.
- Set aside **Wednesday, June 21st for another Vigil** that is being organized by Tom Lopez. Check out our Facebook page for details.
- We have **Silver Knights tickets for sale for the Friday, August 4th game**. Tickets are \$6.00 each and there are 12 seats in a row. Checks are made out to United Way with Nashua Prevention Coalition in the memo. The group discussed the idea of purchasing tickets to allow Camp Mariposa families to have a fun outing. VOLunteers will be needed to help sell 50/50 tickets and such.
- **In-Kind Forms** -- please get them back to Monica ASAP to track all related hours.
- **Upcoming Events** -- see your agenda for forthcoming events.
- **Youth Mental Health First Aid** -- Weds., July 12 8:30am-5:00pm -- Nashua High School South, B1026. Contact Monica for registration details or go to <http://bit.ly/YMHFANashua>.
- Ribfest is coming up June 16-18. Contact Betsy or Jan if you want to help out and earn a Thank You donation for Nashua Prevention Coalition

Over the Edge fundraising event with United Way is happening on Friday, July 28. Fancy Nancy's Ashley Monea is going to rappel 24 stories down the Brady Sullivan Tower. You can sponsor Ashley to help her reach her \$3,000 goal by going to <https://app.mobilecause.com/vf/edge2017/AshleyMonea>

Youth Summit Update

60 youth attended this well received event at Nashua Community College. Pre and post-surveys were given which included options for future training. Public Speaking, bullying, and healthy friendships were listed as the top suggestions for further training. The teens began mapping community hot spots for concerns and where kids are getting drugs and alcohol. Monica asked the group if anyone would be interested in serving as a liaison to one of the eight youth SADD groups -- North, South, Elm Street, Fairgrounds, Pennichuck, and then Boys and Girls Club, YMCA, PAL.

Allen, Christie and Nancy expressed interest in serving as a SADD liaison starting in the fall. Details to follow.

Adverse Childhood Experiences Discussion

In reviewing data from Nashua's YRBS,

- 663 students experienced domestic violence
- 1091 students have ever lived with a family member struggling with alcohol/drug use
- 524 family member incarcerated

By middle and high school, we've lost our window of opportunity to address the risks associated with ACES. We will likely need to start with younger ages in order to have positive impact.

NH also has the third largest population of military. Although not included in the ACES, children whose parents are deployed struggle with many of the same risks as those with the 9 identifiers listed.

We are great at collecting data, but are lacking information/wisdom.

Discussion ensued which raised many questions such as:

- Can guidance counselors at the elementary level be people that could screen for ACES?
- How can we increase awareness among the faith, healthcare and education community.
- How can we increase awareness of the need for advocacy in the early years? Later years? Direct service/day care/Early Childhood Coalition
- Can we train older kids to look out for younger kids around ACES? It will also impact them as they become parents later.
- Can we create a mentoring component to connect our SADD kids with vulnerable youth?
- Would it be beneficial to offer a workshop for Oldest Children as they can help mentor their siblings and help to reduce stress for themselves?
- Could we offer a presentation to all kids at the schools in an assembly, and then follow up with an action plan -- "Did you reach out to someone new today?"

Teen Institute was recommended as a training resource for a Challenge Day-like workshop which could prep students that are older/oldest siblings. How can we ensure "No Child Left Behind" from these workshops/events due to transportation, other barriers, lack of parent permission, etc.?

Betsy indicated that The Youth Council recently completed a survey of Middle School guidance, nurses, etc. in preparation for their Middle School Project with the Integrated Delivery Network and got 15 responses. She will send the group the final results.

Meeting ended 4:33pm

Next meeting, Wednesday, August 2, 2017