



Meeting Minutes

Wednesday, January 8, 2014, 3PM – 4:30 PM

Nashua High School South – Room B1026 (child care wing)

In Attendance: Janet Valuk, Monica Gallant, Albee Budnitz, Officer Ben Stusse, Shaun Nelson, Rosio Camacho, Lisa Vasquez, Susan Nordomo, Marcy Brackett, Nadia Mazghahi, Chris Cruz, Zach Peterson, Garrett Prince, Colleen Morrissey, Betsy Houde and NH Counterdrug Task Force member Sgt, Rick Frost.

WELCOME – the meeting opened at 3:05pm.

The minutes were accepted unanimously.

ANNOUNCEMENTS

- Welcome Lisa Vasquez, Beyond Influence Regional Coordinator!
- A recent newspaper article featured E-cigarettes indicating that three large cigarette manufacturers recently bought an E-cig company. This raises concerns for youth.
- Jan and Monica attended the new grantee meeting in Washington, DC. They learned tons of great information. New Hampshire is actually in good shape with regard to some of our laws -- Social Host law, E-Cigarette laws, compliance checks on liquor and convenience stores, etc.
- Breathe NH is having a meeting next week to help youth prep for legislative testimony. Tim Coronis is the contact person at 669-2411. Albee can connect if anyone is interested.
- We all cheered that we were ready to get the work done!! Me! Me! Me! (Thanks Jan...)

MAPPING ACTIVITY – Alcohol, Prescription Drugs and Marijuana

Jan asked the group to split into three groups with the challenge of creating a map of Nashua noting all of the “hot spots” where alcohol and other drugs are known to be prevalent. The following locations were cited during the report out:

Tree Streets	Skymeadow Woods/Roby Park	Nashua Community College
French Hill	Pheasant Lane Mall	Rivier University
Elm Street Middle School area	Canterbury Apartments	Arlington Street/Major Drive area
Pennichuck Middle School area	Downtown area	Greeley Park
North & South High Schools	Mine’s Falls	Canal Street/Railroad Square
Fairgrounds Middle School area	Amherst Park Apartments	

Most of the three groups had the same locations identified, however, “surprises” included Skymeadow woods/Roby Park area and Amherst Park Apartments.

VIDEO PRODUCTION WORKGROUP: LOCK IT UP CAMPAIGN

Colleen presented about the video workgroup’s progress. They’ve developed a vignette and the actors and videographer attended the meeting. The story line includes Chris and Garrett, with one of them riding in the car talking with his mom while texting the other friend about drugs. The mom and son visit the grandmother and he takes her pain meds while there. They are later shown at a party and one of them is overdosing. Later the video will show an adult talking with the parents about where the meds came from. Zach is the videographer in charge.

It was suggested that the group also consider other audiences that they may be able to target with the same basic vignette, since this will be targeting seniors and locking their meds. The group seemed open to considering additional possibilities. Albee and Marcy offered to connect them with medical simulators and ER videos of young people being treated for OD'ing if they're interested. Ben indicated they could probably have access to a locked cell and police if needed for the video. Great job!

The Senior Connect meeting where we will be featured is May 28th and 100-120 people typically attend.

Other seniors groups to target include Rivier's RISE group, and Judy O'Hara is their contact person.

On May 22nd, there is a Conference on Aging happening in NH, with about 900+ attendees. As our plans become clearer, it may make sense to connect with this conference!

HOME SAFETY WORKGROUP: LOCK IT UP CAMPAIGN

This group is targeting the health sector and their patients to start. During their meeting, they discussed ways to measure the current activities and future ones through a survey to docs and other medical professionals. The information gained will point to recommended changes, such as adding a PSA to a waiting room, etc.

One strategy involves getting insurers to count Rx Lock Boxes as Durable Medical Equipment so the cost is covered. As a result, they are researching the most durable, yet lightweight box that can be installed in a home, rather than a portable model that can be opened with a hammer. Ideally, these will be installed in all new construction and senior living units, etc., resulting in powerful policy changes. The rationale they plan to use to approach insurers is data on ER visits, with the logic that insurers will have fewer claims by eliminating the danger/access to Rx meds, etc. The group indicated that the most concerning meds in our region include Oxycodone, Ritalin, and Adderall.

NEXT STEPS:

- 1) Call medical directors in area to collect data and secure help going forward (Albee)
- 2) Contact heads of insurers to discuss the Durable Medical Equipment provision (Albee)
- 3) Continue to explore options for safe, secure lock boxes (Rick)

REALTOR/CONTRACTOR WORKGROUP: LOCK IT UP CAMPAIGN

Sue indicated that there's a Home Show at the Radisson in Manchester on January 24th and 25th which would be a great opportunity to ask questions or give out information.

NEXT STEPS:

Monica, Jan and Sue will meet prior to January 24th to determine how to maximize this Home Show opportunity going forward.

MEDIA/BILLBOARD WORKGROUP: LOCK IT UP CAMPAIGN

This workgroup is on hold for the time being.

DEVELOPING AN ELEVATOR SPEECH

Jan described what an elevator speech is and will work on a draft with Monica and Sue to present options to the group.

CULTURAL COMPETENCY TRAINING

This training is required by our grantor, and Monica reached out to Lynn Clowes of the NH Minority Health Coalition to ensure we are up-to-date. Betsy described Nashua's Disproportionate Minority Contact (DMC) Committee through Nashua Police Department, and what they are doing to promote positive relationships among racial and ethnic minority youth and families and Nashua Police Officers. Several youth have been able to attend leadership training, be assigned mentors and participate in healthy summer activities through DMC grant money. Partners include PAL, Boys and Girls Club, Girls Inc., Big Brothers Big Sisters, The Youth Council and NH Teen Institute.

TOWN HALL FORUM ON UNDERAGE DRINKING

We are able to get a \$500 SAMHSA grant to conduct a Town Hall Forum in the coming months. Jan indicated we are targeting mid-May. The format involves providing information on the issues, sharing data and videos and then encouraging people to take action. A large meeting space will be needed. Ideas included Rivier, Nashua Community College, as well as speaker options such as Dr. Watt (Marcy will explore). Monica will set up a workgroup at the next meeting to get started planning this event.

LEADERS IN PREVENTION PROGRAM: NH TEEN INSTITUTE

Monica has been in conversation with Marissa Carlson to send 8-10 youth from the Boys and Girls Club and other agencies to attend the upcoming weekend training for middle school youth. The program help youth design an action plan to support their community (school, neighborhood, etc.) and then learn the skills they need to implement it. Rosio indicated that she could get a full complement of youth from the Boys and Girls Club. Stay tuned for more information!

DATA NEEDS: BUT WHY HERE??

Our Youth Risk Behavior Survey (YRBS) covers high schools. We need data from Middle Schools and are looking unto surveying Middle School health classes as a first step. Once complete, it was suggested that we hold focus groups among middle school students to share the data and get their feedback as to the accuracy, and so forth. Focus groups could take place at PAL, the Boys and Girls Club, and any other interested group. Will explore an "opt out" provision to ensure parents are informed. The SADD group could also be a good source of feedback, however their attendance appears to be dwindling.

NEXT STEPS: Jan, Monica and Betsy will be meeting with evaluator Sarah Short on January 15th, and will have updated information at that time.

NEXT MEETING: Wednesday, February 5th, 3PM to 4:30 PM, Nashua High School South, Room B1026 – Child Care Wing.

Call Janet at 603-233-8597 if you have any problems!

MEETING MINUTES

Wednesday, March 5, 2014, 3PM - 4:30PM

Nashua High School South - B1026(child care wing)

In Attendance: Janet Valuk, Monica Gallant, Marcy Brackett, Albee Budnitz, Rocio Camacho, SGT. Rick Frost, Brenda Hodgkiss, Shaun Nelson, Sue Nordemo, Officer Ben Stusse, Dee Dee Thurber, Sharon Zimmerman

Welcome - Meeting called to order 3:05.

Meeting Minutes Accepted Unanimously

Announcements

- Jan and Monica went to part 2 of 3 for grant training.
 - Grant Award includes \$125K/ year for 5 years.
 - Committee participants will need to start reporting in-kind contributions, dating back to September 2013 (the start of the grant). Form for tracking is in the works.

COMMUNITY PROJECTS

Community Resources/ Funding

- Rick will present mini-workshop next meeting about engaging new partners
- None of the grant funds can be used for program expenses.

Lock It Up Campaign

- Youth continue to work on video, with minor edits to the script.
- Physician/ Community
 - Albee sent communications to all area medical facility heads and all responses were positive.
 - Contact with Medicare and Medicaid got positive response to lock box with possible movement to add lockbox to “Durable Medical Equipment”, which would align with wheelchair, walkers....other DME equipment covered under medical insurance.
 - Rick put together questionnaire for docs and will get electronic version of “Lock It Up” to Janet.
 - Janet’s contacts at the high school will assist with further lock-it up revisions and web design.
 - Albee and Marci will meet to shorten questions and create online survey version. Docs prefer short and quick.
 - April 2, after confirmation of start time, Rick/ Janet/ Susan will present to Medical Directors & Directors of Insurance Carriers about our work, lock it up,

impacts, etc.

- Street Value Change: Heroin is now cheaper than prescription drugs.

Realtor/ Community

- Attendance at the recent home show proved to be an inefficient place to speak about Lockbox.

Media/ Billboard

- Jeff Poehnert from Access Nashua will assist us as needed to get information on that channel about efforts.
- Looking for new ideas to advertise efforts and the committee.
- Jan will bring 2 of the 10 lock boxes with her when talking with seniors on May 28th to raffle off.
- Jan discussed "Take Away" mail your medication method that can be purchased at drug stores.
- New members are Brenda Hodgkiss, Parent and Jeff Poehnert, Media

Elevator Speech

- Jan will send out most revised copy.
- Members are encouraged to use this tool when engaging new members and educating the community about work being done.

Cultural Competency Training

- Many members have received training that may qualify
- Jan/ Monica will look into requirements so that we may evaluate options.

Logic Model Reminder.....(Thanks Rick)

- It may be a good strategy to incorporate the work that we are doing with the logic model that is driving our work. A good reminder to the group and an easy way to inform new members as work is being done.

Town Hall Forum

- Needs a Work Group
 - Jan/ Monica will be meeting with Paul Hebert from United Way about partnering.
 - Looking at different training options that may include:
 - ER doc from SNHMC and his presentation.
 - Target training date goal is for SAMSA prevention week.
 - A train the trainer strategy would allow for great sustainability, as many colleges, HS, etc are looking for this information.

Upcoming Events

- 3/19: New Futures, Drugs, Alcohol: Let's Talk
- 4/7-11: National Public Health Week (Kick Off at BGC)
- 4/26: DEA Drug take back.

NEXT MEETING: WED, APRIL 2ND, 3PM - 4:30PM, NHSS, RM B1026 - CHILD CARE WING

CALL JANET AT 603-233-8597 IF YOU HAVE ANY PROBLEMS!

Meeting Minutes

Wednesday, April 2, 2014, 3PM – 4:30 PM

Nashua High School South – Room B1026 (child care wing)

In Attendance: Janet Valuk, Monica Gallant, Jeff Leone (video teacher), Zach Peterson (student), Sharon Zimmerman, Albee Budnitz, Officer Ben Stusse, Shaun Nelson, Susan Nordomo, Brenda Hodgkiss, Deedee Thurber, Betsy Houde and NH Counterdrug Task Force member Sgt, Rick Frost.

WELCOME – the meeting opened at 3:05pm.

The minutes were accepted unanimously.

ANNOUNCEMENTS

- Albee will be on the radio May 7th between 9-10am on WFEA! Congrats Albee.
- We all cheered that we were ready to get the work done!! Me! Me! Me! (Thanks Jan...)

VIDEO PRODUCTION WORKGROUP: LOCK IT UP CAMPAIGN

Zach shared two powerful 30-second PSA's they've been working on for feedback and next steps. The group was very impressed with the video and told Zach not to change anything about it. Suggestions included adding credits at the end and using the 1 in 5 statistic in the space provided. Jeff indicated that they could create one stand-alone 30-second PSA and then a longer 60-second PSA with both scenarios. Special thanks to Donna Arias's parents for serving as the actors. "Grandma" was selected as the 30-second PSA actor. Lots of discussion ensued about making sure the video's could be aired on WMUR.

Next steps:

- Final version of the video will be ready by May 2nd.
- Jan will develop 4-question pre/post-test and work with Sharon to have it ready for the Senior Connect event.
- Jan will invite the teen actors to attend the Senior Connect event, May 28th at 10 Prospect Street.
- Jan will make sure that the donated studio time, space and materials are included as in-kind support.

HOME SAFETY WORKGROUP: LOCK IT UP CAMPAIGN

Albee, Rick and Jan are headed to Concord on Wednesday, April 9th to meet with insurance providers to present the idea of considering Rx Lock Boxes as Durable Medical Equipment so the cost is covered. Betsy designed a 1-page document using data provided by Rick and Albee for that meeting – copies were provided to members for feedback. Betsy will be attending a meeting of the Governor's

Commission Prevention Task Force on Friday and will ask the Chair, Traci Fowler, for a letter of support for this initiative. Stay tuned for more information! This is very exciting!

REALTOR/CONTRACTOR WORKGROUP: LOCK IT UP CAMPAIGN

Sue has been talking with realtors from Keller-Williams about doing a presentation to their health and wellness team. Stay tuned! Brenda will be attending a meeting at Derryfield Country Club with homebuilders in the region on April 16th, and offered to do some networking on our behalf. More information will be available at our next meeting.

MEDIA/BILLBOARD WORKGROUP: LOCK IT UP CAMPAIGN

A teacher from Nashua High School South has offered to donate her time to re-create Rick Frost's medicine cabinet handout. If we create a generic version of the Lock It Up flier – with a space for any coalition to add their contact information – we may be eligible for up to \$1000 from the state to help with printing, etc. Also, Jan will contact Lisa Conti from United Way about our web site. With so many things happening quickly, it's important that we establish a web presence ASAP. Discussion ensued about selecting a domain name that is easy to spell and to remember.

TOWN HALL FORUM ON UNDERAGE DRINKING

This event is scheduled for May 21st from 6:30-8pm at 10 Prospect Street, Nashua. Marcy, Sharon, Deedee, Monica and Jan have been meeting to organize the day. They have \$350 from United Way to use for food, and Sharon has been able to secure coffee/tea, cookies, brownies and fruit for anticipated guests. Marcy is designing a promotional flier, with the target audience being Nashua residents. Guests will register through HealthMatch. Dr. Andrew Watt is the keynote speaker, and panel members are in progress. This will be a really exciting kick-off event for the Coalition. Mark your calendars today!

CULTURAL COMPETENCY TRAINING

Jan confirmed that there is no specific curriculum that coalition members need to attend in order to satisfy our requirement to be culturally competent. Jan will be reaching out the Andrew Smith, the State Coordinator for Disproportionate Minority Contact for ideas on topics and presenters. NPC member Officer Ben Stusse, has recently been trained in Effective Police Interactions with Youth through Andrew Smith. Details to follow.

PARENT/COMMUNITY SURVEY TO GATHER BASELINE INFORMATION

Two survey tools were shared with the group that we are hoping to combine into one Community Survey with help from our CHI evaluator. Once developed, we intend to promote the survey through several local media outlets as well as handouts to faith communities, after school programs and the like. Members were asked to review the questions and share any feedback with Jan or Monica ASAP. Rick will check with his contact from NH Minority Council to see about translating the survey into Spanish.

UPCOMING DATES

MONDAY, APRIL 7 – Jan will be staffing a table at the Boys and Girls Club from 5-7pm for Public Health Awareness Week. Help is appreciated!

SATURDAY, APRIL 26 – Next Rx Take Back Event. Lt. Bailey will be overseeing the event. Over the last three years Brenda Wingate has been able to attend and identify narcotics based on the bottles' labels. She will not be able to attend this event. The following was identified in year's past:

October 2012 – 292 bottles April 2013 – 253 bottles October 2013 – 298 bottles

Great job getting these meds off the streets!

NEXT MEETING: Wednesday, May 7th, 3PM to 4:30 PM, Nashua High School South, Room B1026 – Child Care Wing.

Call Janet at 603-233-8597 if you have any problems!

Meeting Minutes

Wednesday, May 7, 2014, 3PM – 4:30 PM

Nashua High School South – Room B1026 (child care wing)

In Attendance: Janet Valuk, Monica Gallant, Zach Peterson (student), Colleen Morrisey (student), Ali Tatis (student), Sharon Zimmerman, Albee Budnitz, Officer Ben Stusse, Brenda Hodgkiss, Pam Brown, Lisa Vasquez, Kristen Welch, Betsy Houde and NH Counterdrug Task Force member Sgt. Rick Frost.

WELCOME – the meeting opened at 3:05pm. Welcome new members!! Pam Brown (Ward 4 Alderman), Lisa Vasquez (Beyond Influence), Kristen Welch (Keystone Hall)

The minutes were accepted unanimously.

ANNOUNCEMENTS

- Albee taped his WFEA radio show today! Congrats Albee. Will be aired in August.
- We all cheered that we were ready to get the work done!! Me! Me! Me! (Thanks Jan...)
- Pam Brown announced that the bill to allow alcohol ads on billboards FAILED! Great news!

VIDEO PRODUCTION WORKGROUP: LOCK IT UP CAMPAIGN

Zach and his team shared the final 30-second PSA's they've been working on. The group loved the blurring of the actors during the opening-the-bottle segment with the data point apparent for the viewer, as well as the size font chosen. We asked Zach to create a SECOND PSA combining this version with the second scenario with a local data point. The group recommended using the data point, "102 high school youth used Rx drugs in the past 30 days *YRBS, 2013" to edit as needed.

May 28th meeting to debut the video will be held at Southern NH Medical Center, in their 10 Prospect Street building, lower level.

PHYSICIAN/COMMUNITY WORKGROUP: LOCK IT UP CAMPAIGN

Albee updated the group on their April 9th meeting with insurance providers around considering Rx Lock Boxes as Durable Medical Equipment. Given that they cover the entire state, and not just Nashua, the insurers recommended piloting an initiative locally and gathering outcome data.

Since that time, Albee worked with Marcy Brackett to design a Provider Survey for primary care and mental health prescribers to better understand their awareness of Rx drug safety among and concerns. Thus far, they are targeting the following partners:

Foundation Medical Partners (SNHMC)	Harbor Homes
Nashua Area Health Center (Lamprey)	Counseling Center of Nashua
St. Joseph Health System	Greater Nashua Mental Health Center
Dartmouth Hitchcock	

They are launching the 8-question survey toward providing patient education in the waiting rooms.

REALTOR/CONTRACTOR WORKGROUP: LOCK IT UP CAMPAIGN

Jan & Monica talked with Beyond Influence leadership team around the possibility of funding lock boxes to give out to residents. In addition, they spoke with Officer Jane Constant, the senior relations officer for Nashua Police Department around helping to get the word out about the Lock It Up Campaign. In addition, Jan located a bonded handyman – Senior’s Right Hand – who would be willing to donate some of his time installing lock boxes properly. The hope is that locking meds will become the “new normal” such as seatbelts and bike helmets are now the norm. Further targets include asking pharmacies to have lock boxes available on their checkout counters so customers can purchase one easily when they pick up their meds. Jan has also reached out to Etchstone Properties about including them in new builds and remodels, especially for the 55+ housing complexes.

MEDIA/BILLBOARD WORKGROUP: LOCK IT UP CAMPAIGN

We have purchased the domain names NashuaCares.org and NashuaCares.com as an easy-to-remember site. A colleague from Nashua West Rotary has agreed to host the site at no charge. Jan is working with a contact at Nashua High School South to have a student begin developing the site.

The group also presented the idea of having our Lock It Up graphic located on City Buses in Nashua, given that there is funding in the current budget for advertising/media messages. Monica and Jan will explore further and report back next month.

TOWN HALL FORUM ON UNDERAGE DRINKING

This event is scheduled for May 21st from 6:30-8pm at 10 Prospect Street, Nashua. There are 11 people registered as of today and the Union Leader and Telegraph are expected to publish press releases next week. Flyers have been distributed throughout the community by Jan, Dee Dee and Monica. The room holds 120 total. Discussion ensued about the need to REGISTER for the forum, as people may be planning to attend but haven’t gone online yet. As you post the event on Facebook and through email, please stress the importance of registering, as the Medical Center needs solid numbers for food count, etc. Brenda agreed to serve on the panel as a parent. The panel discussion will be followed by time for Q & A.

PRESCRIPTION DRUG TAKE BACK

Nashua collected 340 pounds of unneeded medications during the April 26th Take Back event, bringing the Hillsborough County total to 2001 pounds. (That's ONE TON!) In addition, Betsy, Jan and Monica met with Chief Seusing about our Lock It Up Campaign and the Department's plans to install a 24-hour Drop Box at Nashua Police Department. Now that the obstacles toward successful implementation have been addressed (restrictive rules and faulty construction) Chief Seusing is very interested in installing a Box. He agreed to allow Nashua Prevention Coalition to participate in a ribbon cutting ceremony and accompanying publicity once it's ready to go!

STICKER SHOCK CAMPAIGN

Next week, local students will be participating in a Sticker Shock campaign, attaching a warning label on alcohol products focusing on the consequences of buying alcohol for underage youth. Stay tuned for an update next month!

IN-KIND FORMS

Please be sure to track your in-kind hours, travel and conference time to show that we are matching all federal funds provided. Monica will roll out the new form at next month's meeting!

UPCOMING DATES

Wednesday, May 21st – Town Hall Forum

Wednesday, May 28th – Senior Connect presentation and dinner to feature our new 30-second PSA

Wednesday, June 4th – 3pm – next meeting

NO MEETING IN JULY!!

Wednesday, August 6th – please mark your calendars

The meeting ended at 4:28pm

NEXT MEETING: Wednesday, June 4th, 3PM to 4:30 PM, Nashua High School South, Room B1026 – Child Care Wing.

Call Janet at 603-233-8597 if you have any problems!

Meeting Minutes

Wednesday, June 4, 2014, 3PM – 4:30 PM

Nashua High School South – Room B1026 (child care wing)

In Attendance: Janet Valuk, Monica Gallant, Lisa Vasquez, Matt Caplan (student), Albee Budnitz, Brenda Hodgkiss, DeeDee Thurber, Betsy Houde and NH Counterdrug Task Force member Staff Sgt. Rick Frost.

WELCOME – the meeting opened at 3:06pm.

The minutes on May 7th were accepted unanimously.

ANNOUNCEMENTS

- Congratulations to Rick Frost for his promotion to Staff Sergeant!
- We all cheered that we were ready to get the work done!! Me! Me! Me! (Thanks Jan...)

VIDEO PRODUCTION WORKGROUP: LOCK IT UP CAMPAIGN

Congratulations to the teens that completed the Lock It Up video! Jan showed the final product including both vignettes to the coalition. The seniors received it well during their Senior Connect event on May 28th at Southern NH Medical Center. Of the 60 seniors that responded to our survey, none of them had previously used a lock box to store their meds. 42% said they will, 8% said maybe and 58% overall plan to secure their medications in the future. As a result of the presentation, three additional requests for education sessions were made by other groups represented in the room! Great job folks!

Teacher Jeff Leone agreed to send the completed video to channel 99, Nashua's education channel through Access Nashua. An additional video was created by US Senator Kelly Ayotte expressing concern about the drug epidemic and the important work of the coalition. Jan will work to get that video included on our Facebook page and pending web site. Discussion ensued about ensuring that we remain apolitical in all of our dealings. One idea emerged to promote a video featuring both US Senators Shaheen and Ayotte. Jan will follow up.

PHYSICIAN/COMMUNITY WORKGROUP: LOCK IT UP CAMPAIGN

Albee followed up with sending out a provider survey approximately 10 days prior to this meeting, with a personal message and short link to Survey Monkey. We hope to better understand providers' awareness of Rx drug safety and concerns. The request involved asking Medical Directors to forward the survey to their Primary Care Practitioners to answer. So far, we've gotten 4 respondents. The group brainstormed ideas to get more responses, and Albee agreed to try again. Great effort!

REALTOR/CONTRACTOR WORKGROUP: LOCK IT UP CAMPAIGN

Our focus this past month has been on the Town Hall meeting and Senior Connect programs. Brenda agreed to outreach to a realtor/contractor to head up this workgroup. We also had a meeting with representatives from Southern NH Services relative to their hundreds of housing units for elderly residents in Nashua (Wagner Court, Davidson Landing, etc.)

MEDIA/BILLBOARD WORKGROUP: LOCK IT UP CAMPAIGN

The original Lock-It-Up brochure from the Lakes Region was designed with Adobe InDesign. Discussion ensued about the cost of having the brochure recreated vs. the challenges in finding someone with access to that program to update it for our needs. Jan will circle back to our printer connection for next steps.

NASHUACARES.ORG WEB SITE

Matt Caplan, a student just completing his junior year at NHSS has offered to take the lead. Betsy was able to get free space donated for the site through Nashua West Rotary, however a glitch needs to be addressed before Matt can add any additional pages. Betsy agreed to work on resolving the glitch. With the school year ending, it is unclear how much information we will be able to put out prior to Matt heading to NY for most of the summer.

TOWN HALL FORUM ON UNDERAGE DRINKING

The session was held May 21st from 6:30-8pm at Southern NH Medical Center. A total of 39 guests participated, giving good feedback about the information they learned. A representative from the Telegraph and Senator Ayotte's office also attended. 21 participants (53.8%) indicated greater awareness of youth alcohol and other drug use, 19 (48.7%) said they would be better able to speak with their child about substance use, 91% said the format was very good to excellent, 95% said the lecture was very good to excellent and 91% said the panel discussion was very good to excellent. Given that nursing CEUs were available, several nurses attended with one commenting, "It was an amazing eye opener."

STICKER SHOCK CAMPAIGN

The week of May 13th, 20 students placed approximately 2000 warning stickers on cases of beer at two Market Basket stores in Nashua (Amherst Street and Northwest) focusing on the consequences of buying alcohol for underage youth. Great way to get involved! Thank you!

IN-KIND FORMS

Please be sure to track your in-kind hours, travel and conference time to show that we are matching all federal funds provided and **turn them in by June 30th**. (Our COMET report is due in early August and Monica needs all of this information.) Jan agreed to attach the form to the minutes each month.

PARENT SURVEY UPDATE

Our Parent Survey is now live! Bookmarks were given out during the Town Hall meeting and will continue to be promoted throughout the community. The Mayor suggested putting one in each of the back-to-school backpacks to all parents will get a copy rather than handing them out.

COMPLIANCE CHECKS

Jan is interested in getting a group of teens approved to participate in compliance checks. They must be "age approved" first to ensure they don't look too old or too young to fit with the criteria to act as an underage buyer.

CULTURAL COMPETENCY

We are working with Nashua Police Department and their Disproportionate Minority Committee to help us develop our competence in recognizing cultural differences among Nashua residents. Jan is working to schedule a training in September.

LEGISLATIVE BREAKFAST

An idea emerged around hosting a legislative breakfast or other round table discussion to help raise awareness of the issues we are working on. Albee suggested waiting until after the next elections. Pam Brown participated in an elected officials briefing at New Futures and should be tapped for ideas and insight as to how to make that event most effective.

RED RIBBON WEEK/FALL FESTIVAL

Mayor Lozeau indicated that Nashua will be having its first Fall Festival with a parade and games, etc. on Saturday, October 18th from downtown to Holman Stadium. All organizations are invited to join the parade. Members would like to tie in Red Ribbon week to this event. More to follow.

UPCOMING DATES—SummerFest events – recruiting volunteers to help with the following dates

June 7 – Opening Day

July 4 – Children’s Field Day at Holman Stadium (DeeDee tentatively signed up with her teens...)

August 9 – Greeley Park

August 21 – Nashua Goes Back to School at Nashua Library

FINAL CADCA TRAINING

Jan and Monica are off to their final week at CADCA training and will then be heading to the Mid-Year Institute in Orlando. They will be back energized and even more excited to start the next phase of our work together. Hence, there is **NO MEETING IN JULY!!**

The meeting ended at 4:36pm

NEXT MEETING: Wednesday, August 6th, 3PM to 4:30 PM, United Way of Greater Nashua, 20 Broad Street, Nashua.

(Please park in the Goodale’s parking lot and enter the UW building through the back door conference entrance.)

Call Janet at 603-233-8597 if you have any problems!

Meeting Minutes

Wednesday, August 6, 2014, 3PM – 4:30 PM

United Way of Greater Nashua Conference Room

In Attendance: Janet Valuk, Sue Nordemo, Albee Budnitz, Matt Lahey, Shaun Nelson, Alderwoman Pam Brown, Donna Arias, Betsy Houde and NH Counterdrug Task Force member Staff Sgt. Rick Frost.

WELCOME – Welcome Matt Lahey, from Senator Shaheen’s office. The meeting opened at 3:06pm.

The minutes of June 4th were accepted unanimously.

WEB SITE UPDATE – Please check out www.NashuaCares.org and provide feedback about our evolving web site. Betsy has been working on it this past month and is seeking feedback. Several ideas emerged after the group viewed the current progress:

- Add Facebook link to homepage.
- Add section with name of Members and Partners.
- Secure a testimonial video from Senator Shaheen to complement the one from Senator Ayotte.

Please email Betsy at betsynh@aol.com with any other suggestions. The section on Marijuana data and strategies has not yet been developed.

MURAL BOARD CHALLENGE – While we love the graphic impact of the mural boards in storage at the Boys and Girls Club, they are too heavy to tote around town on a regular basis. The suggestion was made to explore transferring them on to canvas or silkscreen. Jan agreed to explore this option.

LOCK IT UP CAMPAIGN

YOUTH WORKGROUP – now that the video is done, it’s time to reenergize our youth for their next project. Jan indicated that the high school schedule is adding a 30-minute block daily for clubs, make-ups, extra help, etc., with each student being assigned to a teacher for the year. Jan will be working to get the SADD group going during this time frame. She will also work to connect with PAL and Boys and Girls Club youth when on site to encourage participation.

PHYSICIAN/COMMUNITY WORKGROUP -- Albee reported that the survey is now closed, with a total of 15 respondents out of 600 potential. He indicated that one was very negative and said that our efforts were unnecessary. Pam indicated that a member of the local delegation is on the DHHS oversight committee if we need support. Albee shared the raw data with Jan for a deeper analysis. More to follow.

REALTOR/CONTRACTOR WORKGROUP – Jan met with Cindy Turcotte from Berkshire Hathaway realtors and she was very interested in learning more about lock boxes. Currently, they give Home Depot gift cards to new homeowners at closing and is open to considering a lock box instead.

MEDIA/BILLBOARD WORKGROUP -- The original Lock-It-Up brochure has been redesigned. Through some negotiation with the state, we will contribute \$1000 for half of the total printing costs, and Nashua will receive 5000 copies of the 10,000 printed for the state. Nice job Jan! Albee offered to take the lead with distribution. We will also need help affixing Nashua logo stickers prior to distribution.

Starting this week, our Lock It Up message will be on 5 Nashua Transit buses! Please take pics if you see one, and note the location.

LIFE OF AN ATHLETE – Donna Arias presented the NHIAA’s Life of An Athlete program today, sharing a video and presentation. Components include a Code of Conduct, Pre-Season Meeting and Stakeholder Unity. Donna offers training for coaches and student leaders. So far, 21 of 90 NH schools are implementing the program with fidelity serving approx. 1100 youth and 350 coaches.

A pilot evaluation is currently being completed with control and implementing schools. Results will be available in the next few months. All components of LOA are research-based. While local stakeholders will want outcome data before making a decision about whether to participate, it would be helpful to know whether any of our rival schools are currently participating to use as leverage.

Albee referenced the Hospitality Association as a likely partner to talk with about healthy food options for post-game celebrations, indicating Michael Buckley and the Fokas brothers would be good partners to talk with about the program and its benefits.

Shaun questioned the program’s applicability to Middle School students. Donna indicated that New Mexico recently launched web-based modules for middle school aged youth. This will be helpful once Shaun’s students reach high school age, as they will already understand the program and health benefits.

SUSTAINABILITY/BYLAWS – A key aspect of our sustainability is creating a working structure to engage all members of the coalition in our activities and such. We need to develop bylaws to guide our work. A sample from Merrimack was handed out. Please review before the next meeting to help craft our vision for Nashua Prevention Coalition going forward with a January 2015 deadline. Thank you!

UPCOMING DATES—

August 9th: 10am – 1pm -- Greeley Park

August 21st: 5pm -- Nashua Goes Back to School at Nashua Library

August 27th 10-12noon – SAMHSA project officer for site visit. Contact Jan if you can attend.

September 3rd: Our next meeting will feature Sgt. Carlos Camacho on cultural competency.

October 18th: Fall Festival. Details to follow. We’re signed up for a float and need a truck or trailer.

October 23-31: Red Ribbon Week – tulips available to Plant the Promise.

The meeting ended at 4:42pm

**NEXT MEETING: Wednesday, September 3rd, 3PM to 4:30 PM,
Nashua High School South, Room B1026.**

Call Janet at 603-233-8597 if you have any problems!

Meeting Minutes

Wednesday, September 3, 2014, 3PM – 4:30 PM

Nashua High School South, Room B1026, Child Care Wing

In Attendance: Janet Valuk, Sue Nordemo, Albee Budnitz with Medical Student Kate Z., Shaun Nelson, Monica Gallant, Lisa Vasquez, Officer Ben Stusse, Donna Arias, Betsy Houde, NH Counterdrug Task Force member Staff Sgt. Rick Frost and Sgt. Carlos Camacho, NPD guest.

WELCOME –The meeting opened at 3:05pm.

The minutes of August 6th were accepted unanimously.

WEB SITE VIDEO – Given the fact that Senator Shaheen is unable to make a video now that it is campaign season, members unanimously agreed to take down the video from Senator Ayotte until we can post videos from both political parties.

CULTURAL COMPETENCY TRAINING – Sgt. Carlos Camacho is with the Nashua Police Department and serves as the Chair of Nashua’s Disproportionate Minority Contact Committee. Sgt. Camacho shared a compelling PowerPoint presentation highlighting little known facts:

In New Hampshire, black youth are 3 times more likely than white youth to be arrested; Hispanic or Latino youth are 1.5 times more likely to be arrested than white youth. According to federal guidelines, this is higher than an acceptable percentage, resulting in “disproportionate minority contact” between youth and police. Over the last several years, through the leadership of Nashua’s Police Chief John Seusing and his team, Hillsborough County, NH – which includes Nashua and Manchester – is the **ONLY COUNTY IN THE COUNTRY** showing a downward trend in the rates of “DMC” for Hispanic/Latino youth. Sgt. Camacho attributes this to four factors:

- 1) Leadership from the Chief and a commitment to officer training.
- 2) Training 32 officers along with five “train the trainers” in Effective Police Interactions with Youth. (Eight more officers will be trained tomorrow.)
- 3) The development of a mirror program for youth called “Effective Youth Interactions with Police”, which will soon be ready for local training at locations such as PAL and the Boys and Girls Club.
- 4) A DMC Symposium held in Manchester and Nashua last year, with the next in Rochester in October. These symposiums are designed to educate the community.

With grant support obtained from the Office of Juvenile Justice and Delinquency Prevention under the leadership of The Youth Council the DMC Committee has focused its local programming efforts on youth at the pre-arrest level. Hence, youth have been able to enroll in summer camp programs and after school activities to help them make healthy choices and build positive relationships with peers and adults.

Sgt. Camacho explained the difference between immigrants and refugees (comes by choice vs. forced to leave by persecution and can’t go back), and the organizations that are helping with resettlement. Currently, Nashua is home to Iraqi refugees along with Burundi, Bhutanese and Congolese. NH Catholic Charities and Lutheran Social Services provided the on-the-ground support to 50 total adults and children in Nashua in 2013. One strategy Nashua Police employ to build trust among refugees is to hold

Open Houses at the police department for one group at a time. This allows them to see the facilities, meet officers and understand that they are available for help – which is often different from what they experienced in their home country. Officers are aware of the trauma that can be triggered by seeing jail cells and such, and are very attuned to giving the touring refugees choices as to what they see.

The training continued with the Village of 100 exercise to help open coalition members' minds to the fact that only 9 of the 100 people in the village would speak English, 13 are from North or South America, 83 have safe water to drink while 17 do not, and so forth.

Further, Sgt. Camacho shared the Diversity Wheel, describing the types of diversity that are protected by the federal government (race/ethnicity, age, gender identity, religion, national origin, sexual preference), as well as those types of diversity that aren't protected (income status, single parent, rural/urban, etc.) The group asked for a copy of the PowerPoint presentation and gave great feedback about the type of information shared. Thanks Sergeant!

REENTRY GRANT – Betsy asked coalition members if they would support The Youth Council's grant application for funding to help youth transitioning back to Nashua from residential placement by submitting a letter. They agreed that Jan could include a letter with the application.

MEDIA/BILLBOARD WORKGROUP – We now have three stationary billboard/signs at the bus kiosks near Nashua Community College, the downtown bus transfer station and Salvation Arms (old Soucy's market). Signage is also on six transit buses traveling throughout the City. Keep your eyes open until the first week of October to see our Lock It Up message!

LIFE OF AN ATHLETE – Donna indicated that the next training for student athlete leaders could be held as early as October 15th. Assistant Athletic Director of Nashua South, Nate Mazzerole, is working on confirmation of that date. Jan and Monica met with the Assistant Athletic Directors and they are interested in beginning slowly... such as reviewing the Code of Conduct. One option could be targeting one athletic team, however it seems that they are prepared to include more than one team. Based on their level of participation, each school could earn upwards of \$1500 in incentive money.

RED RIBBON WEEK/FALL FESTIVAL – The parade is on Saturday, October 18th, and the coalition signed up for a parade float and a booth at Holman Stadium. Jan, Albee and Lisa could help out on the 18th. Shaun will reach out to the obesity group he's connected with to see if they are interested in working with us and using our mural on their float. Jan will follow up with the Boys and Girls Club, as well.

SITE VISIT UPDATE – Our SAMHSA Project Officer was here for a day long site visit and had several suggestions. First, Jan should not be facilitating meetings. (The group agreed to rotate.) The group needs to design the agenda for meetings together, so that the most important/interesting projects get the most attention. (Coalition members will identify what needs to be included at the end of each meeting.) We need to finalize our bylaws so we have a more formal structure and guidelines. We need to ensure more participation from our evaluator to be sure we are getting our money's worth. Overall, Project Officer Cydne Kimbrough has positive feedback for all of the work that has taken place over year one. Congrats everyone!

YEAR ONE GRANT WRAP UP – Now that we are coming to a close on our first year, we need to discuss what to do with any unexpended funds. Some funds (approx. \$4000) will be carried over into next year for evaluation since we were unable to complete the Middle School Youth Risk Behavior Survey this year. Any additional funds will be applied to our Lock It Up Campaign in the form of printing flyers and

brochures, purchasing lock boxes to raffle off at events, and to help promote the forthcoming Prescription Drop Box at Nashua Police Department.

ANNOUNCEMENTS/OTHER

New Member Packet – Betsy shared our new member packet which includes our mission/goals, meeting dates, membership list, budget and so forth. Jan has a bin in our meeting space with packets and T-shirts to give out to new members. Each member also received a copy of our new brochure, which is also available on our web site <http://www.nashuacares.org>.

Collaboration Opportunity – Lisa mentioned that American Medical Society has a grant for Rx Drug Awareness. Greater Nashua Mental Health is planning to pursue it (\$7,000 amount?) and they need to partner with a community organization. We may be a good fit.

Membership – With Deedee’s schedule this fall, she will be unable to attend meetings, but still interested in volunteering at events. Options were discussed around filling our table with community members that touch all of the coalitions, networking groups, etc. in Nashua so that we have access to help when we need it. This will be addressed at the next meeting.

Community Outreach – Jan and Monica will be at Walgreens Wellness Fair on Friday 9/5 from 12-6. They are also doing a presentation for seniors at St. Joseph Hospital on 9/12/14 from 12-1:30pm.

FASTER Support Group – starts next week for parents with substance-involved child. Flyers handed out.

Journey Works Publishing has good information about the dangers of E-Cigarettes. See Albee for info.

OCTOBER 1, 2014 PRELIMINARY AGENDA:	
Facilitator:	Albee Budnitz
Topics:	1) Review and Discussion of ByLaws. 2) Newsprint exercise to capture all committees and task force we are currently connected to. 3) Review Action Plan Let Jan know if there are other pressing agenda items for October.

UPCOMING DATES—

October 18th: Fall Festival. Details to follow. We’re signed up for a float and need a truck or trailer.

October 23-31: Red Ribbon Week – tulips available to Plant the Promise.

The meeting ended at 4:34pm

**NEXT MEETING: Wednesday, October 1st, 3PM to 4:30 PM,
Nashua High School South, Room B1026.**

Call Janet at 603-233-8597 if you have any problems!

Meeting Minutes

Wednesday, October 1, 2014, 3PM – 4:30 PM

Nashua High School South, Room B1026, Child Care Wing

In Attendance: Janet Valuk, Albee Budnitz with Medical Student Chet, Monica Gallant, Officer Ben Stusse, Matt Lahey and Betsy Houde.

WELCOME –The meeting opened at 3:02pm.

The minutes of September 3rd were accepted unanimously.

BYLAWS – Albee facilitated a discussion about the need to create simple bylaws to help guide our efforts. It was agreed that we should name a coalition chair and vice chair and clarify our subcommittees/work group structure. The group agreed that Jan and Monica should use Merrimack’s bylaws as the basis for developing our bylaws, and present a draft to the group before the December meeting (November meeting is already full.)

COMMUNITY CONNECTION BRAINSTORMING – Betsy facilitated an activity to capture which networks, committees, associations, and such that our members are part of to get a clear picture of how broad our reach is, even though we are a small group. Thus far, we identified the following connections and opportunities for further outreach:

Current Connection	
Nashua School District	St. Joseph Hospital
Nashua West Rotary	Southern NH Medical Center
Disproportionate Minority Contact Committee	Nashua Park and Rec Department
Beyond Influence Leadership Team	Merrimack Safeguard/CAST coalition
United Way and its agencies	Other NH DFC grantees
Greater Nashua Healthy Communities Collaborative	Police Explorers
Endowment for Health	Tobacco Free NH Network
NH Charitable Foundation	Breathe NH
Public Health Improvement Team	Governor’s Commission Prevention Task Force
Nashua Youth Partnership	National Heart Lung Blood group
New Futures	NH Medical Society and Continuing Ed group
SADD	NHIAA (Life of an Athlete)
Need to Outreach/Next Steps	
Hispanic Network	Greater Nashua Interfaith Council
Ethnic Awareness Committee	YMCA
Alderman	Scout Troops (both Boys and Girls)
PTO’s at all levels	Girls Inc.
Great American Downtown	Boys and Girls Club (need new rep)
Elks, Lions, Exchange, Kiwanis	Nashua Library
Youth Sports leagues	Nashua & Souhegan Rotary Clubs
Higher Education	EMT/Paramedics

Our first step will involve surveying all members that were unable to attend this meeting to see where they are connected. More to follow.

RED RIBBON WEEK ACTIVITIES– Monica shared the Red Ribbon Planning Guide to help trigger ideas for

celebrating Red Ribbon Week 2014. Thus far, the Fall Festival/parade is on Saturday, October 18th, and we are part of a parade float and are hosting a booth at Holman Stadium. Also our murals will be featured on the Boys and Girls Club float! PAL is creating photo frame with the RRW slogan on it that PAL youth use to take photos. At the high schools, students will be taking pledges, wearing red ribbons and decorating the school. In addition, Jan is helping to organize a photo to capture a giant red ribbon with the help of Nashua Fire Rescue. Additional ideas were discussed targeting different sectors, such as having public service announcements on waiting room TVs. Jan will contact Chief Seusing about having the 2014 slogan on magnets to place on NPD's cruisers for the week. Albee's contact number is 881-4467, contact him to let him know what time he should be at Holman Stadium. More to follow.

ACTION PLAN REVIEW – Jan passed out copies of our 2014-2015 Action Plan to begin developing strategies for moving forward. The intention is to continue with our Lock It Up Campaign, as there are several more activities connected with that – including creating a brochure for physician's waiting rooms about safe storage. The group discussed the opportunities and challenges of addressing alcohol misuse and/or marijuana next. It was suggested that we invite Tricia Lucas from New Futures to speak to us at the next meeting to help lay the groundwork for year 2. Jan will follow up with Tricia.

OTHER BUSINESS:

PHYSICIAN/COMMUNITY WORKGROUP – Will begin working on one-pager for waiting rooms as referenced above. See Albee for input/details.

YOUTH – With so many seniors graduated, Jan is recruiting the next group of students. Most SADD participants are athletes so scheduling meetings after school has been a challenge. Jan is working on a plan.

MEDIA/BILLBOARD WORKGROUP – Our Lock it Up messages continue through the first week of October. In addition, Jeff Leone, video teacher, outreached to Jan looking for more projected. Lots of ideas were shared around Red Ribbon Week and capturing our efforts on video.

LIFE OF AN ATHLETE – Nashua is moving forward on adopting Life of an Athlete. Student training is currently scheduled for early November at North. A date for South is also in the works. Stay tuned!

KEEFE AUDITORIUM – Betsy outlined the Chamber and Symphony's current request to the School Board to allow alcohol to be served at symphony events to get a sense of the coalition's stance. After much discussion, the group opted to "monitor the situation and stay focused on our mission". People are invited to attend the School Board discussion about the request as private members if they are inclined.

NOVEMBER 5, 2014 PRELIMINARY AGENDA	
Facilitator:	Albee Budnitz (by default)

Topics:	<ol style="list-style-type: none">1) Sustainability Training with Rick Frost (30 mins)2) Presentation of Parent/Community Survey and Coalition Survey3) Red Ribbon Wrap Up4) Action Plan Next Steps (Speaker?) <p>Let Jan know if there are other pressing agenda items for November.</p> <p>*The bylaws discussion will be held in December.</p> <p>*We will select the following month's facilitator at the beginning of each meeting.</p>
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The meeting ended at 4:38pm

NEXT MEETING: Wednesday, November 5th, 3PM to 4:30 PM,

Nashua High School South, Room B1026.

Call Janet at 603-233-8597 if you have any problems

Meeting Minutes

Wednesday, December 3, 2014, 3PM – 4:30 PM

Nashua High School South, Room B1026, Child Care Wing

In Attendance: Albee Budnitz with Medical Student Joanna, Monica Gallant, Officer Ben Stusse, Lisa Vasquez, SSgt. Rick Frost and Betsy Houde.

WELCOME –The meeting opened at 3:02pm with Albee facilitating. Ben agreed to serve as January's facilitator.

The minutes of October 1st were accepted unanimously (no meeting in November).

RED RIBBON WEEK – Monica shared a slideshow of all area Red Ribbon week events. Great job!

CARRYOVER FUNDS – Monica presented \$14,350 in options for use of the remaining funds. Items include the following:

Description	Amount
Nashua Middle School Youth Survey	\$5,900
Billboards/Lock It Up Campaign	6,500
Leadership Program for Middle School Youth	1,200
Coalition Brochure translated into Spanish	400
Lock It Up Campaign publications (realtor tip sheet and proper disposal methods)	250
Community Survey incentives	100
	\$14,350.00

After each item was discussed, Albee made a motion to approve the list, Betsy seconded and it was approved unanimously as presented.

BYLAWS – Tabled until January. Thank you for your efforts Albee!

SUSTAINABILITY TRAINING – Staff Sergeant Rick Frost, NH National Guard Counterdrug Task Force

We need to identify what we are seeking to sustain –

- Coalition coordinator position?
- Continued operation of the coalition without a paid coordinator?
- Continuation of activities?

The group agreed that our priority at a minimum is to continue our activities, although having a paid staff to continue providing coordination would be ideal.

There are three types of capital to sustain – Human, Social and Material

HUMAN CAPITAL – Perfect example was Albee facilitating today's meeting as a volunteer.

Options/Ideas

- Offer leadership training on specific topics
 - Ex: facilitation skills, root cause analysis, etc

- Translate CADCA webinars and other information to share with coalition members to build knowledge around AOD issues (most members don't have time to watch full webinars but would be interested in bites of the content).
- Conduct a skills and interest survey among members to better engage and retain them.

SOCIAL CAPITAL – Fostering relationships with each sector

Options/Ideas

- Design a communication/marketing plan to help position the coalition as a subject matter expert
- Consider hosting a meeting with newly elected officials to inform them about our work
- Intentionally reach out to new businesses
- Celebrate coalition efforts to keep members engaged
- Consider joining the Chamber of Commerce

MATERIAL CAPITAL – physical resources such as funding, donated supplies and services

Options/ideas

- Explore potential grants, town budget line items, etc.
- Approach all sectors for resources

Rick shared CADCA's Seven Habits to a Sustainable Coalition:

- 1) Guard your capacity and recognize
- 2) Track your progress and celebrate
- 3) Focus on the goal
- 4) Seek local support first
- 5) Always add value
- 6) Tell your story
- 7) Keep learning

LIFE OF AN ATHLETE UPDATE – Two sessions are scheduled for December 10th at North and South. Ben will be presenting to the students at South on alcohol and other drugs – what to do/how to act, etc. We suggested that he keep the message positive using language like “substance-free”. These are student leaders that have been chosen to attend. Stress the importance of role modeling and commitment.

LOCK IT UP MATERIALS – We've been working with the Region to reduce printing costs. Lisa is currently translating the brochure to Spanish along with disposal information. Thanks so much Lisa!

PARENT COMMUNITY SURVEY 2014 -- although we attempted to get baseline information from 2014, only 44 parents responded even though we left the survey open for several months through Community Health institute. The parents who responded requested assistance with the following:

- More awareness of resources
- Information on teen brain development and the impact of substance use (North requested presentation)
- Peer support group for parents of substance-using teens (we now have FASTER in town)

- Information on laws, drug facts and myths
- Parent education
- More media about NOT using

ANNOUNCEMENTS

Medical Society leadership is shifting with Scott Colby no longer our contact person for surveys, etc. He had contacted Albee/Jan indicating the medical directors are still interested in the Lock It Up Campaign.

New Futures recently released its report indicating the \$1.84 billion in costs to New Hampshire called, *Corrosive Effects of Alcohol and Drug Misuse on NH's Workforce and Economy*. Access the report at <http://www.new-futures.org>

The Action Plan discussion was tabled until January 7th.

Meeting adjourned at 4:30pm.

**NEXT MEETING: Wednesday, January 7th, 3PM to 4:30 PM,
Nashua High School South, Room B1026.**

Call Janet at 603-233-8597 if you have any problems!