



Logic Model 2018-2019

Unless otherwise indicated data is from Nashua's 2017 Youth Risk Behavior Survey reflecting 3518 students

Underage Drinking

Data: 3.2% of 8th graders used alcohol within past 30 days, leaping to 17.7% in 9th grade and 29.6% in 10th grade (YRBS 2017).

Overall, 68.8% of high school youth perceive it's easy or very easy to access alcohol; 9th grade starts at 57.9% leaping to 77.5% by 12th grade (YRBS 2017).

Root Cause

Meaningful conversations decrease as Nashua youth get older

Data: 48.4% of 7th graders reported talking with parents about the dangers of substance misuse dropping to 45.4% of 8th graders.

Data: 46.6% of 9th graders did NOT have a conversation with parents about alcohol, tobacco or drug use in the past 12 months, increasing to 56.7% for 12th graders.

Alcohol use among teens is widely accepted in Nashua

Data: 41.2% of 9th to 12th graders think their peers do NOT think it is wrong to have one or two drinks of alcohol nearly every day.

Data: 37.4% of 9th to 12th grade youth obtained alcohol from people giving it to them.

Local Conditions

Youth are self-medicating with alcohol when feeling isolated or depressed

Data: 17.8% of youth (626 students) were electronically bullied during the past 12 months (24.4% females/10.4% males).

Data: 28.7% of youth (1011 students) were feeling sad or hopeless for 2 weeks in a row (39.9% females/18.3% males).

Youth in Nashua are taking unsafe risks

Data: 13.5% of 9th to 12th grade students (475 youth) reported binge drinking; however, 23.3% of 12th graders (167 youth) reported.

Data: 6.7% of youth (130 students) drove after drinking alcohol one or more times in the past 30 days.

Nashua youth are in unhealthy dating relationships

Data: 26% of 9th to 12th grade students were controlled or emotionally hurt by someone they were dating during the past 12 months.

Data: 8.4% of 9th to 12th graders (174 students) experienced physical dating violence.

Risky decisions lead to unsafe relationships for Nashua youth

Data: Of sexually active youth, 16.1% (182 students) used alcohol before the last time they had sex.

Data: 20.2% of 9th to 12th grade females reported sexual dating violence, up from 17.2% in 2013.

Prescription Drug Misuse

Data: 5.6% of 9th to 12th graders (196 students) used prescription drugs without a doctor's prescription (YRBS 2017).

Data: Overall 31.9% of youth think it is easy to get prescription drugs, with 12th graders responses increasing 5% from 34.8% in 2015 to 39.8% in 2017 (YRBS 2017).

Root Cause

New Hampshire is struggling with a significant opioid crisis

Data: In 2015-2016, there were 521 overdoses and 37 overdose deaths in 2016. (AMR Ambulance, MOTF 2017)

Data: 13.4% of 9th to 12th grade students (473 youth) feel there is NO RISK in taking a prescription drug without a prescription.

Youth in Nashua can easily access prescription drugs

Data: 18.1% of 9th to 12th grade students (637 youth) were offered sold or given illegal drug on school property.

DEA Take Backs and Nashua Police's 24/7 Prescription Drop Box have collected 3927.6 pounds of unneeded medications between 2014 and 2017.

Local Conditions

Risky behavior in Nashua increases as children get older

Data: 30-day Rx use increased from 11 youth in 7th/8th grade (< 1%) to 65 youth 9th/10th grade (3.3%) to 123 youth in 11th/12th grade (8%).

Data: Texting or emailing while driving at least once in the past 30 days increased significantly between 11th grade (47%) 288 youth and 12th grade (62%) 381 youth.

Youth are self-medicating with Rx drugs when feeling isolated or depressed

Data: 19.9% of 9th-12th grade females (339) and 9.6% of males (170 students) seriously considered suicide in past 12 months.

Data: Of 217 students that attempted suicide within the past 12 months, 31.9% (70) resulted in injury, poisoning or overdose that had to be treated by a medical professional.

Perception of wrongness decreases as youth move from middle to high school

Data: 85.8% of 7th/8th graders think it's wrong to use prescription drugs without a prescription, dropping to 79.7% for 9th to 12th grade students.

Data: 26.8% of 12th graders (191 students) perceive that peers do NOT think it is wrong to use prescription drugs without a prescription, a 6.2% increase from 2015.

Youth in Nashua are influenced by parental disapproval

Data: 95.8% of 7th and 8th graders report their parents feel it is wrong for them to use prescription drugs without a prescription (Middle School YRBS 2017).

Data: 0.8% of 7th and 8th graders who think their parents disapprove of prescription drug use used prescription drugs (Middle School YRBS 2017).

Marijuana Use

Data: 60.7% of 9th to 12th grade students (2135 youth) perceive NO RISK or SLIGHT RISK for using marijuana once or twice per week.

Data: 60.6% of 9th to 12th grade students (2133 youth) perceive that peers DO NOT think it is wrong to use marijuana.

Root Cause

Marijuana use is widely accepted in Nashua

Data: 17.3% of 9th to 12th grade youth (609 students) perceive that it is NOT wrong for youth to use marijuana.

Data: 7th and 8th graders believe that their parents think it is less wrong for them to use marijuana (94.7%) than to smoke tobacco (95.9%) (Middle School YRBS 2017).

Marijuana is easy to access

Data: 46.3% of 9th graders reported it is easy or very easy to access marijuana, jumping to 69.4% in 10th grade and 79.4% for 12th graders.

Data: 22% of 9th-12th graders (776 students) used marijuana one or more times during the past 30 days increasing from 10.1% in 9th grade (103 students) to 23% in 10th grade (210 students).

Local Conditions

Youth in Nashua are easily influenced by media that glorifies substance misuse

Data: 4.9% of 9th to 12th graders (171 youth) reported first trying marijuana before age 13.

Data: 23.8% of 9th to 12th graders (839 youth) reported using electronic vapor products during the past 30 days, while 4.8% smoked cigarettes (170 youth).

Youth are self-medicating with marijuana when feeling isolated or depressed

Data: 17.8% of 9th to 12th grade students (626 youth) do NOT believe they matter to people in the community.

Data: 14.6% of 9th to 12th graders (512 youth) seriously considered attempting suicide.

Youth are living unhealthy lifestyles

Data: 79.6% of 9th to 12th grade students (2802 youth) do not have 8 or more hours of sleep on an average school night.

Data: 61.7% of 9th to 12th grade students (2170) were not physically active at least 60 minutes per day on five or more days during the past 7 days.

Youth lack positive interaction with peers

Data: 55.2% of 9th to 12th grade students (1944 youth) used video or computer games more than 3 hours on an average school day.

Data: 19.3% of 9th to 12th grade students (681 youth) were in a physical fight one or more times in the past 12 months, with the rate significantly higher for males than females: 24.1% males (426 youth); 14% females (238 youth).