

c/o United Way of Greater Nashua
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Nashua Prevention Coalition

www.NashuaCares.org



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Meeting Minutes March 6, 2019

Welcome

Kameo Chasse, Janet Valuk, Mike Apfelberg, Donna Arias, Albee Budnitz, Dee Gingras, Sue Haas, Larry Harding, Linda Lennon, Christie Turlitis, Betsy Houde, Donna Fitzpatrick, Kurt Norris, Gail Duffany, Leah Elliott, Rebecca Lerner, Hannah and Haleigh Swabowicz, Alexis St. Laurent, Ainsley Mazerolle

Minutes of February 6, 2019 were approved unanimously with those who were not present abstaining.

Next official meeting: Wednesday, April 3, 2019 will be facilitated by youth.

Announcements

Coalition Updates-

- **CADCA Conference** Jan and Kameo attended and went to some great sessions, met with our temporary project officer and another person from SAMHSA. Had a great day on Capitol Hill, met with Senator Hassan and her staffer and Congressman Pappas (even though he's district one). Also met with staffers from Senator Shaheen's Office and Congresswoman Kuster's Office. Jan proposed bringing youth next year. Moving forward we will focus more on engaging the faith community and a couple other underrepresented sectors.
- **By-laws** were updated by the Steering Committee; Kameo will distribute for anyone who wants to review
- **Middle School YRBS** is being delivered to all three middle schools tomorrow. They'll all conduct the survey over the next month.
- **High School YRBS** is being conducted today.
- **Teen Institute** is going to offer workshops at Nashua Summer School
- **Vaping presentation** will be conducted at high school health classes, Boys and Girls Club, and Nashua Board of Education.

- **American Foundation for Suicide Prevention** has numerous programs that we will offered at Nashua Summer School and potentially the Boys and Girls Club.
- **The Youth Video Project Sub-Committee** is scheduled for April 4th.
- **Drug Take Back Day** is scheduled for April 27th 10-2, please provide any information you'd want stuffed into the resource bag.

DEA 360 Updates- tabled

Regional Updates- tabled

Other Announcements-

- Jan's grandson will be a big brother
- Kurt is looking for three more volunteers (2 men, 1 woman) March 29-31 for Camp Mariposa. Must be 18 or older and pass a criminal record check.
- Sue mentioned that 22 out of our 27 reps voted for marijuana legalization.
- Kameo mentioned she has coordinated a meeting on March 22th 1pm with our Senators about marijuana education. It will be a small group meeting.

SADD Update

- Fairgrounds will present next month. South SADD group talked about the Valentine's Initiative with carnations; it went over well. They are planning an initiative #pantherspassiton to pass on positive messaging and self-esteem on social media. They met with 21st Century students and did a gratitude tree with a Valentine's Theme. They are planning to attend the upcoming Senior Suppers at Southern NH Medical Center.
- Jan talked about potentially conducting tobacco compliance checks, NH Liquor Commission has funds to cover the cost for tobacco. Discussion on possibly seeking funds to cover the cost of alcohol compliance checks. Discussed coordinating bag the butts with Great American Downtown next year.

TOBACCO 21

- The next meeting is April 1st. If you can't attend, then please consider writing a letter. Kameo will send out information to help people and clarify who seems to be in favor and against. Leah and Becca will share the information to the SADD clubs.

Prevention Champion Activity

- Brainstorming on descriptive words that describe Nashua Prevention Champions: Dedicated, community-driven, experienced, impactful, supportive, positive, collaborative, healthy, tireless, inspirational, fun, hard-working, empowering, enthusiastic, empathetic, patient
- We then each took a word, and then were each recorded saying our chosen word
- We did a recorded group message, as well
- Kameo is going to compile this into a video for the Youth Video Project
- Kameo passed around a sign-up to do a more in-depth video

Upcoming Events

- Health and Wellness Fair – *March 14th*
- Board of Alderman Meeting, Tobacco 21- *April 1st*
- Youth Video Project Sub-Committee Meeting – *April 4th*
- DEA Take Back Day – *April 27th*
- Teen Institute Parenting Workshop – *May 9th – June 13th*
- Youth Video Project Red-Carpet Event – *May 15th*
- Over the Edge – *June 28th*

Join us at our next meeting on April 3, 2019!

