

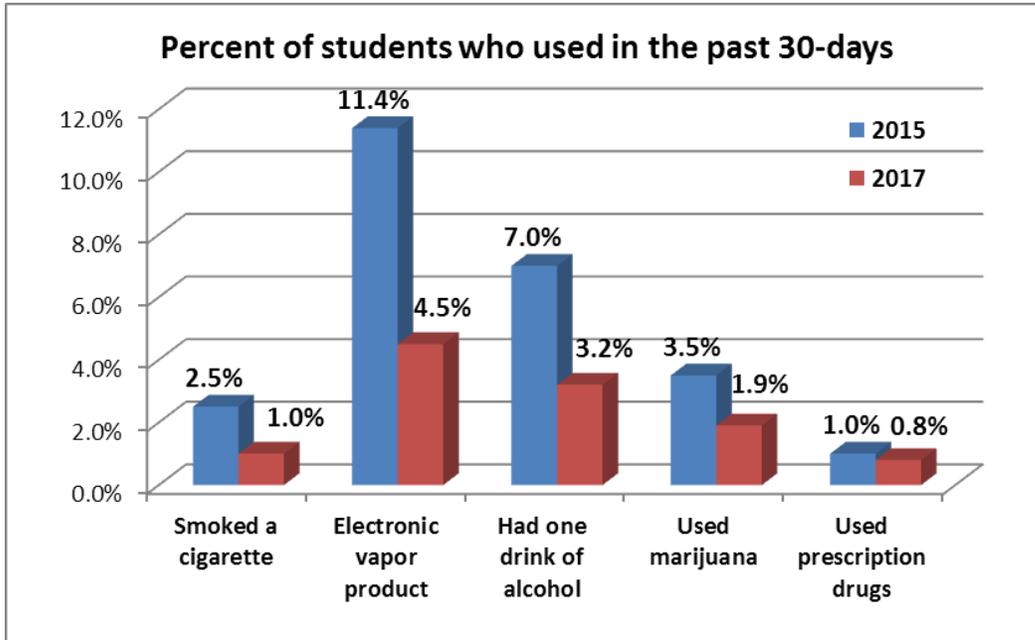


# Middle School Survey Results At-A-Glance

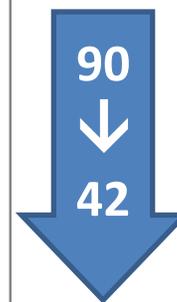
Taken from Youth Risk Behavior Survey 2017

The Middle School "YRBS" was administered in Spring 2017 to 1350 students attending Elm Street, Fairgrounds and Pennichuck Middle Schools, reflecting 85.9% of total enrollment.

Compared to 2015, we are moving in the right direction:



**47%** of students reported talking with at least one parent about the dangers of tobacco, alcohol or drug use during the past 12 months, up from 44.8% in 2015.

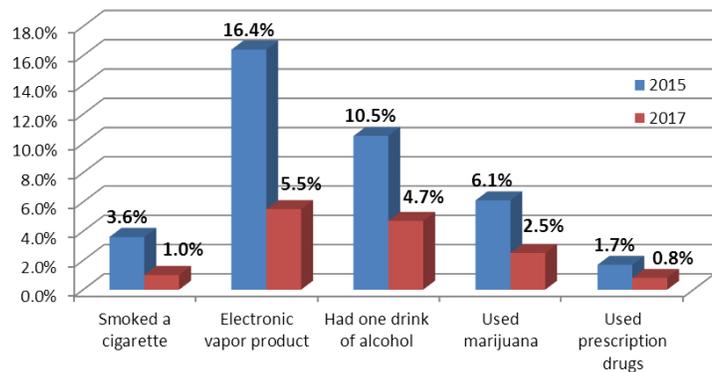


The number of youth that reported drinking alcohol in the past 30 days dropped from 90 in 2015 to 42 students in 2017.

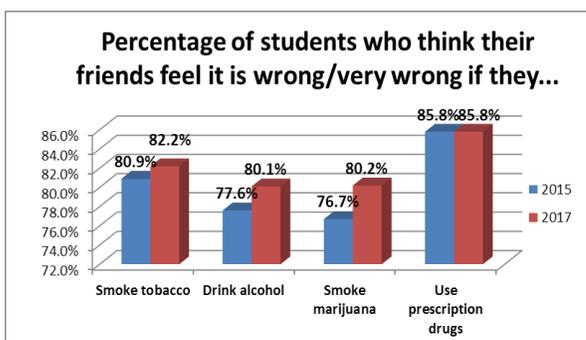
## Student Numbers 30-day Use

	2015	2017
Smoked a cigarette	32	14
Used electronic vapor product	144	59
Had one drink of alcohol	90	42
Used marijuana	38	25
Used prescription drugs (Rx)	11	11

## 8th grade use decreased significantly since 2015

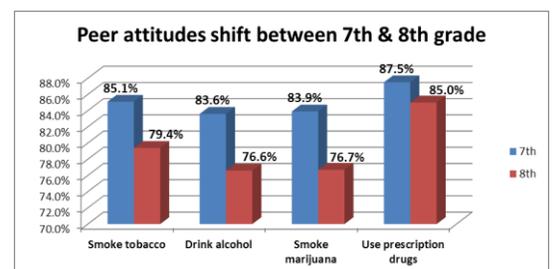


Peer influence is powerful among students, offering an ideal educational opportunity.



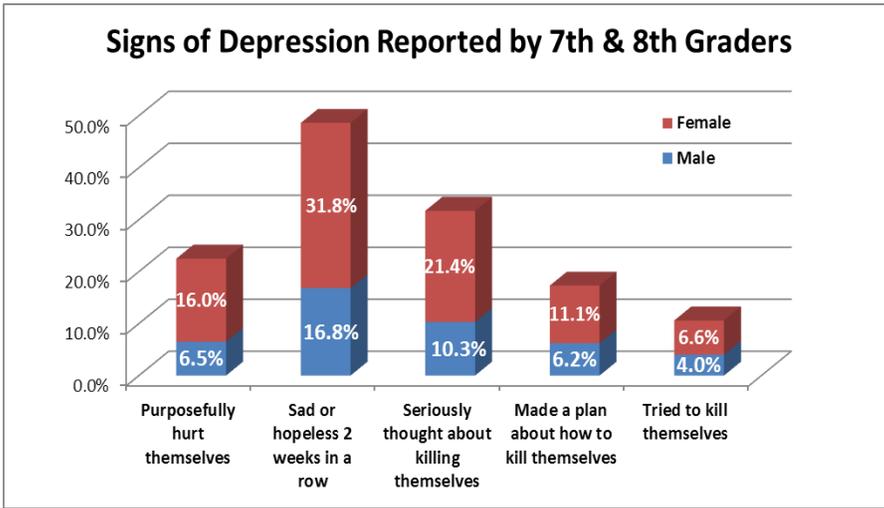
This data reflects positive change.

It is important to note that when students' friends think it is wrong to use a substance, they are less likely to use it. For example, *wrongness* for Rx drug use is 85.8%, while the percentage of 30-day Rx drug use among students is <1%.



Between 7<sup>th</sup> and 8<sup>th</sup> grade 5.6% fewer students think their friends feel it is wrong to use substances (85% in 7<sup>th</sup> grade to 79.4% in 8<sup>th</sup> grade).

## Students continue to report signs of depression:

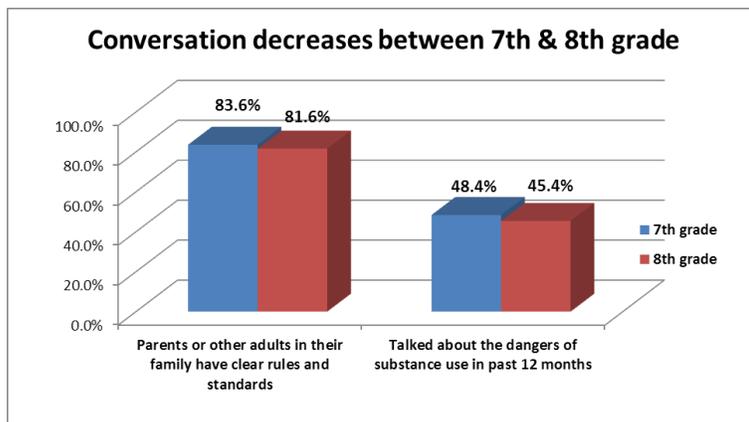


## Students Reporting Depression

	2015	2017
Purposefully hurt themselves	195	153
Sad or hopeless 2 weeks in a row	351	327
Seriously thought about killing themselves	225	214
Made a plan about how to kill themselves	154	117
Tried to kill themselves	104	71

While we have made progress, several students still need considerable support.

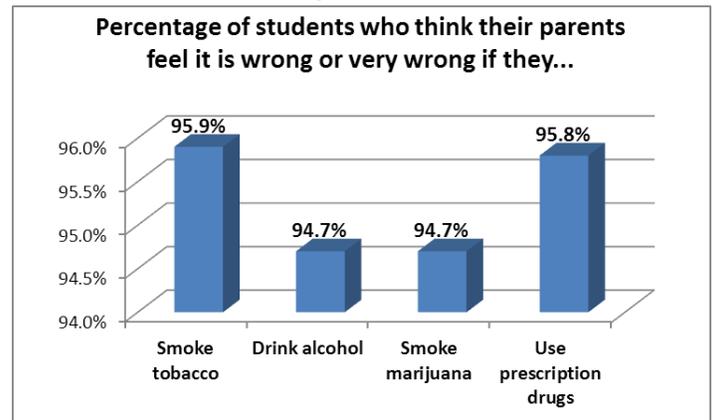
## Parents continue to have a strong influence during the Middle School years:



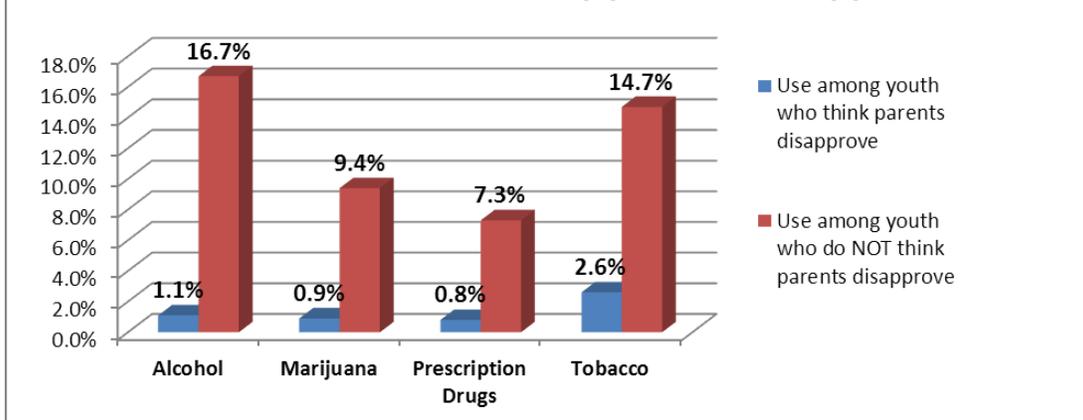
When students think their parents will disapprove, they are less likely to engage in risky behaviors.

## Students report increased parent disapproval

from 94.7% average in 2015 to 95.3% in 2017



## Students are influenced by parental disapproval



## Additional Considerations:

6.6% had their first drink of alcohol before age 11 (83 youth).

1.9% tried marijuana before age 11 (23 youth).

Bullying on school property decreased from 42.8% in 2015 to 37% in 2017.

Electronic bullying decreased 4.5% from 26% in 2015 to 21.5% in 2017.

**37** 7<sup>th</sup> and 8<sup>th</sup> grade students were given alcohol by someone over the age of 18.

**39** 7<sup>th</sup> and 8<sup>th</sup> grade students used over the counter medication to get high.

**43** 7<sup>th</sup> and 8<sup>th</sup> grade students used inhalants such as glue, spray cans, etc.

## For more information:

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